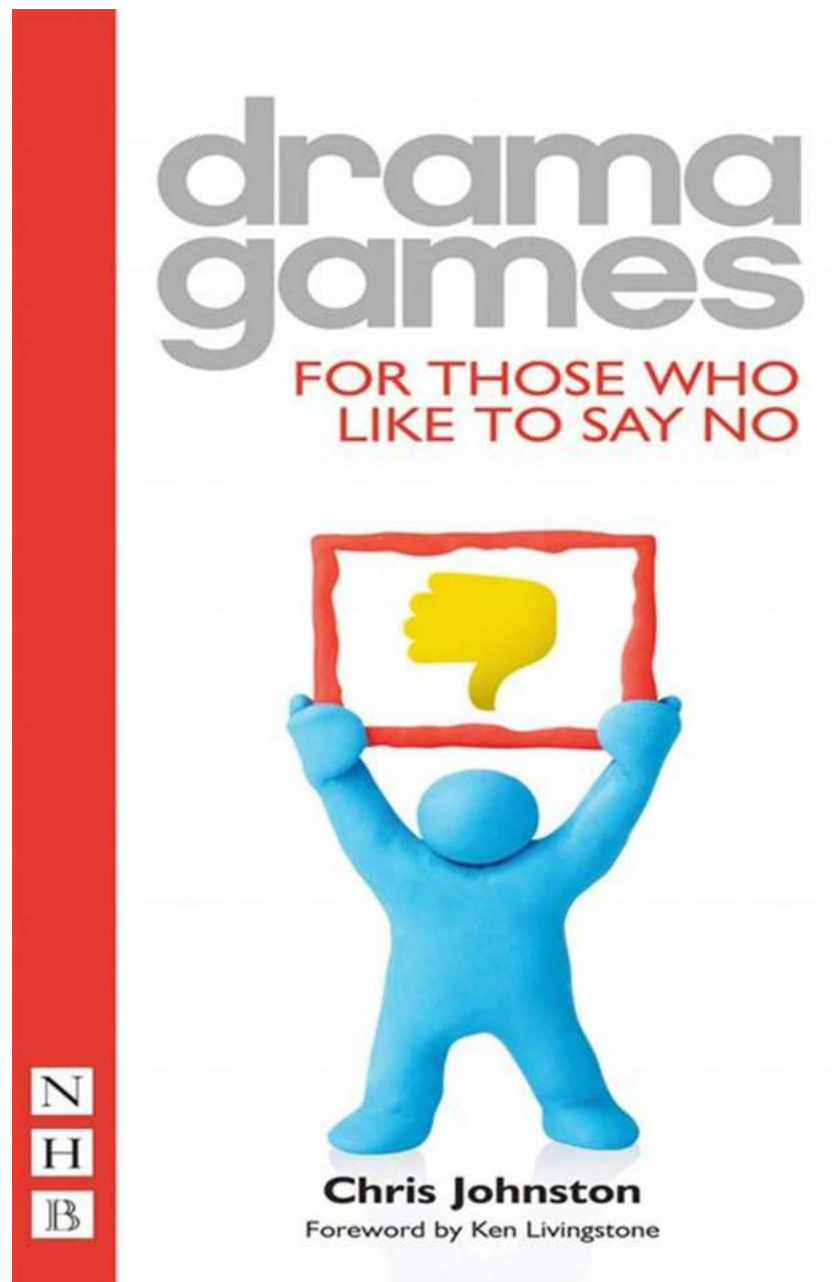


# 10 Drama Games That Will Make You Say Yes!

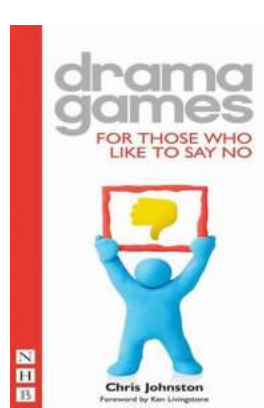


Are you someone who loves drama but always finds yourself saying no to new ideas? Well, we have the perfect solution for you! NHB Drama Games is here to help you break out of your comfort zone and embrace the world of theater like never before! In this article, we will introduce you to 10 exciting drama games that

are sure to make you say YES to new experiences. So, get ready to unleash your creativity and let's dive into the amazing world of drama games!

## 1. "Yes, And..."

This classic improv game is a fantastic way to practice saying yes to new ideas. The rules are simple: participants take turns adding onto a story, starting each sentence with "Yes, and..." This exercise encourages active listening, collaboration, and openness to other people's suggestions. Get ready to create some hilarious and unexpected stories with your fellow actors!



### Drama Games for Those Who Like to Say No (NHB

**Drama Games)** by Chris Johnston (Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English

File size : 546 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 334 pages



## 2. "Character Swap"

In this game, each participant is assigned a character. They must then mingle with others and try to convince them to swap characters. The catch? You can only say "no" once. This game challenges your ability to negotiate and think on your feet. Prepare to be amazed at the funny and clever strategies your fellow actors come up with!

## 3. "Emotional Symphony"

This game is all about expressing emotions through movement and sound. Participants stand in a circle, and the conductor begins by creating a movement and sound that represents an emotion (e.g., happiness, sadness, anger). The person next to the conductor then imitates their movement and sound while adding their own. This continues until everyone in the circle has had a turn. Get ready for an emotional rollercoaster!

#### **4. "The Magic Box"**

Imagine you have a magical box that can transform into anything you desire. In this game, participants take turns opening the imaginary box and revealing the object inside. The rest of the group then has to act out a scene incorporating that object. This game is a wonderful exercise in creativity and adaptability. Who knows what surprising objects will come out of that box!

#### **5. "Freeze Tag"**

Remember playing freeze tag as a kid? This game adds a dramatic twist to the classic game. Participants improvise scenes until a designated person shouts "Freeze!" Everyone freezes in their current position, and the person who shouted freeze takes the place of one of the frozen actors, starting a new scene based on the frozen positions. Get ready to showcase your quick thinking and improvisation skills!

#### **6. "Mirror, Mirror"**

This game requires pairs of actors. One actor becomes the "mirror" while the other moves and performs actions. The challenge is to mirror your partner's movements exactly with a slight delay. This game strengthens your ability to listen, observe, and synchronize movements. It's a fun and engaging exercise that will definitely bring out your creative side!

## **7. "Story Circle"**

Sit in a circle and start a story with a single sentence. Each participant adds a sentence to the story, building on what has been said before. The goal is to create a cohesive and imaginative story as a group. This game nurtures teamwork, listening skills, and the power of storytelling. Get ready to be part of an epic tale that unfolds before your eyes!

## **8. "Tableau"**

Tableau is a game that involves creating freeze-frame scenes to depict different emotions, situations, or ideas. Participants work together to form a living picture with their bodies and facial expressions. This game allows you to explore the visual aspects of theater and experiment with conveying messages without words. Get ready to strike a pose and let your imagination run wild!

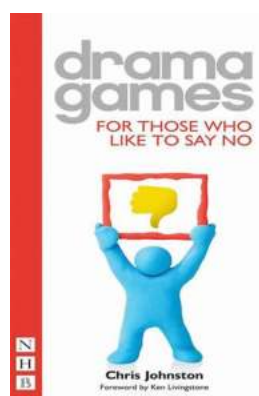
## **9. "Imaginary Props"**

In this game, actors interact with imaginary objects as if they were real. Participants mime handling various objects, and the challenge is to make the interactions as believable as possible. From juggling invisible balls to sipping non-existent tea, this game tests your ability to create a vivid reality on stage. Prepare to be amazed at the creativity that emerges from the simplest of gestures!

## **10. "Theater Sports"**

Inspired by sports, this game involves two teams competing against each other in various theatrical challenges. From improvisation battles to quick scene creation, Theater Sports will push you to think on your feet and deliver the most entertaining performance. Join in on the friendly competition and showcase your acting skills while having a blast!

Drama games are an incredible way to break through the barriers of saying no and step into a world of endless possibilities. Whether you're an experienced actor or just starting out, these games will challenge you, make you laugh, and strengthen your creative muscles. So next time you find yourself hesitating, remember the power of saying yes and dive into the world of NHB Drama Games!



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A dip-in, flick-through, quick-fire resource book in the NHB Drama Games series, this title is for teachers and workshop leaders working with difficult or reluctant students, youth groups, young offenders, and all those who seem intent on saying 'no' to whatever is offered them.

For these groups, drama games and activities need to be robust and engaging, and the dozens that appear in this book have been devised with this in mind - and then tested by their target players. Each page features clear instructions on How to Play, notes on the Benefits of the Game, and advice on age range, number of players and timing.

Following the ninety games and exercises aimed at developing core skills, the book offers scenarios for a series of improvisational challenges that test participants' abilities in mediation, communication, negotiation, assertiveness and managing emotions. Also included is a collection of games aimed at preparing teachers and workshop leaders for facilitating challenging sessions.

The ultimate aim is to encourage reluctant participants to engage, collaborate and develop not just skills for drama but skills for life.

'This book offers invaluable ways for artists, teachers, workshop leaders and activists to better use the arts to empower young people' Ken Livingstone, from his Foreword.

'packed to the brim with bright and breezy ideas - a bargain!' - Total Theatre Magazine

'each section of the book is well laid out and the games are clearly explained... contains some very interesting exercises' - Youth Drama Ireland



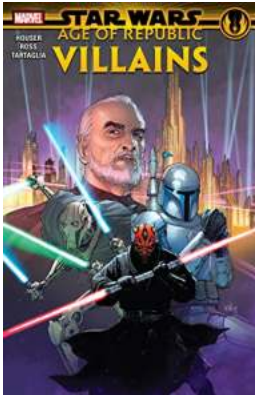
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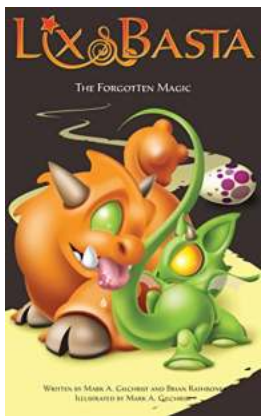
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