

And Nine Other Things Black People Need To Stop Doing

Being a racially diverse society, it is crucial to address various issues that certain communities face today. Among these communities, the African American population has encountered unique struggles and challenges throughout history. However, it is equally important to shed light on certain behaviors and actions that can be detrimental to any community's progress, regardless of race or ethnicity. In this article, we will discuss ten things, including And Nine Other Things Black People Need To Stop Doing, in order to foster growth and create a more inclusive society.

1. Relying on Stereotypes

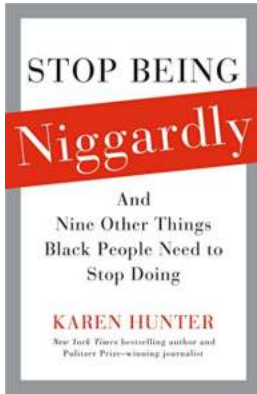
Using stereotypes perpetuates a harmful cycle of generalizations and misrepresentation. It's essential for everyone, regardless of race, to avoid relying on stereotypes that create divide and perpetuate prejudices. We must seek understanding and challenge these negative misconceptions, promoting unity and acceptance.

2. Ignoring Mental Health

Mental health within the Black community is often stigmatized, leading to avoidance and neglect of necessary care. By talking openly about mental health issues and seeking professional help, we can break down these barriers and ensure proper support and resources are available to all.

**Stop Being Niggardly: And Nine Other Things
Black People Need to Stop Doing**

by Karen Hunter (Kindle Edition)



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| ★ ★ ★ ★ ☆ | 4.5 out of 5 |
| Language | : English |
| File size | : 1062 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
| X-Ray | : Enabled |
| Word Wise | : Enabled |
| Print length | : 226 pages |



3. Internalized Racism

As a result of historical oppressions and ingrained biases, internalized racism can sometimes prevail within the Black community. Acknowledging and addressing these subconscious beliefs is necessary for personal growth and collective progress.

4. Not Supporting Black Businesses

Economic empowerment is crucial for any community's growth. Supporting Black-owned businesses not only promotes economic equality but also helps diversify industries and create opportunities for fellow community members.

5. Lack of Education on Black History

Understanding and appreciating Black history is vital for breaking down racial barriers and promoting cultural unity. By including comprehensive education about Black history in schools, we can ensure a more informed and tolerant society.

6. Dismissing LGBTQ+ Black Individuals

Supporting and embracing the LGBTQ+ community is essential, as sexuality and gender identity should not divide us. By promoting inclusivity and acceptance within the Black community, we can create a safer and more inclusive environment for all.

7. Neglecting Education

Education is the key to success and empowerment. Encouraging academic excellence within the Black community and providing equal access to quality education is essential for individuals to reach their full potential.

8. Violence within Communities

Addressing the issue of violence within communities, regardless of race, is essential for creating a safer and healthier environment. Encouraging peaceful conflict resolution and providing resources that address root causes can help eradicate the cycle of violence.

9. Misogyny and Patriarchy

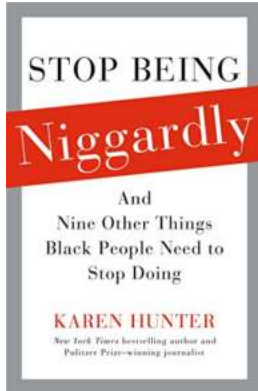
Fighting against sexism, misogyny, and patriarchal norms is essential for achieving gender equality. Promoting equal opportunities and challenging harmful gender stereotypes within the Black community is vital for progress and collective upliftment.

10. Lack of Voting Participation

Voting is a fundamental right that has historically played a significant role in achieving equality and social change. Encouraging active participation in voting processes helps ensure that community voices are heard and represented.

In , addressing these ten issues, including And Nine Other Things Black People Need To Stop Doing, is crucial for fostering growth and unity within any

community. By actively challenging stereotypes, embracing diversity, supporting Black businesses, and promoting equality, we can create a society that values and uplifts every individual, regardless of their racial or ethnic background.



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nig·gard·ly (adj.) [nig´erd-le]

1. stingy, miserly; not generous
2. begrudging about spending or granting
3. provided in a meanly limited supply

If you don't know the definition of the word, you might assume it to be a derogatory insult, a racial slur. You might be personally offended and deeply

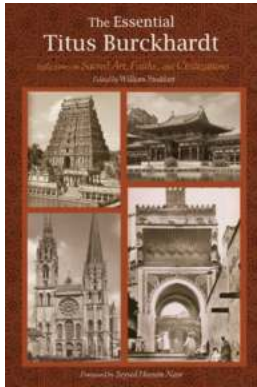
outraged. You might write an angry editorial or organize a march. You might even find yourself making national headlines

In other words, you'd better know what the word means before you pour your energy into overreacting to it.

That's the jumping-off point for this powerful directive from Pulitzer Prize-winning journalist and bestselling author Karen Hunter. It's time for the black community to stop marching, quit complaining, roll up their collective sleeves, channel their anger constructively, and start fixing their own problems, she boldly asserts. And while her straight-talking, often politically incorrect narrative is electrifyingly fresh and utterly relevant to today's hot-button issues surrounding race, Hunter harks back to the wisdom of a respected elder—Nannie Helen Burroughs, who was ahead of her time penning *Twelve Things the Negro Must Do for Himself* more than a century ago. Burroughs's guidelines for successful living—from making education, employment, and home ownership one's priorities to dressing appropriately to practicing faith in everyday life—teach empowerment through self-responsibility, disallowing excuses for one's standing in life but rather galvanizing blacks to look to themselves for strength, motivation, support, and encouragement.

From our urban communities to small-town America, the issues Hunter is bold enough to tackle in *Stop Being Niggardly* affect us all. Refreshingly candid and challenging, certain to get people everywhere talking, this is the book that takes

on race in a new—yet also historically revered and simply stated—way that can change lives, both personally and collectively.



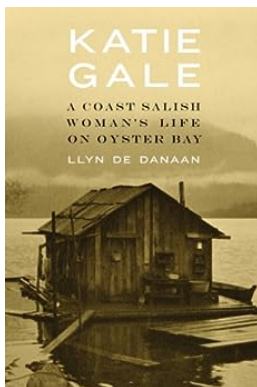
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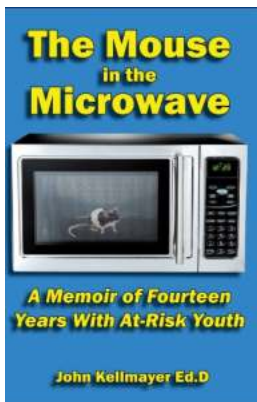
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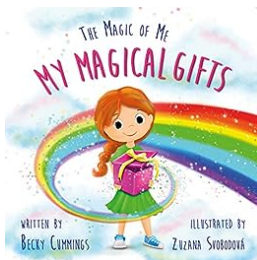
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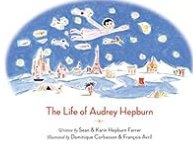
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