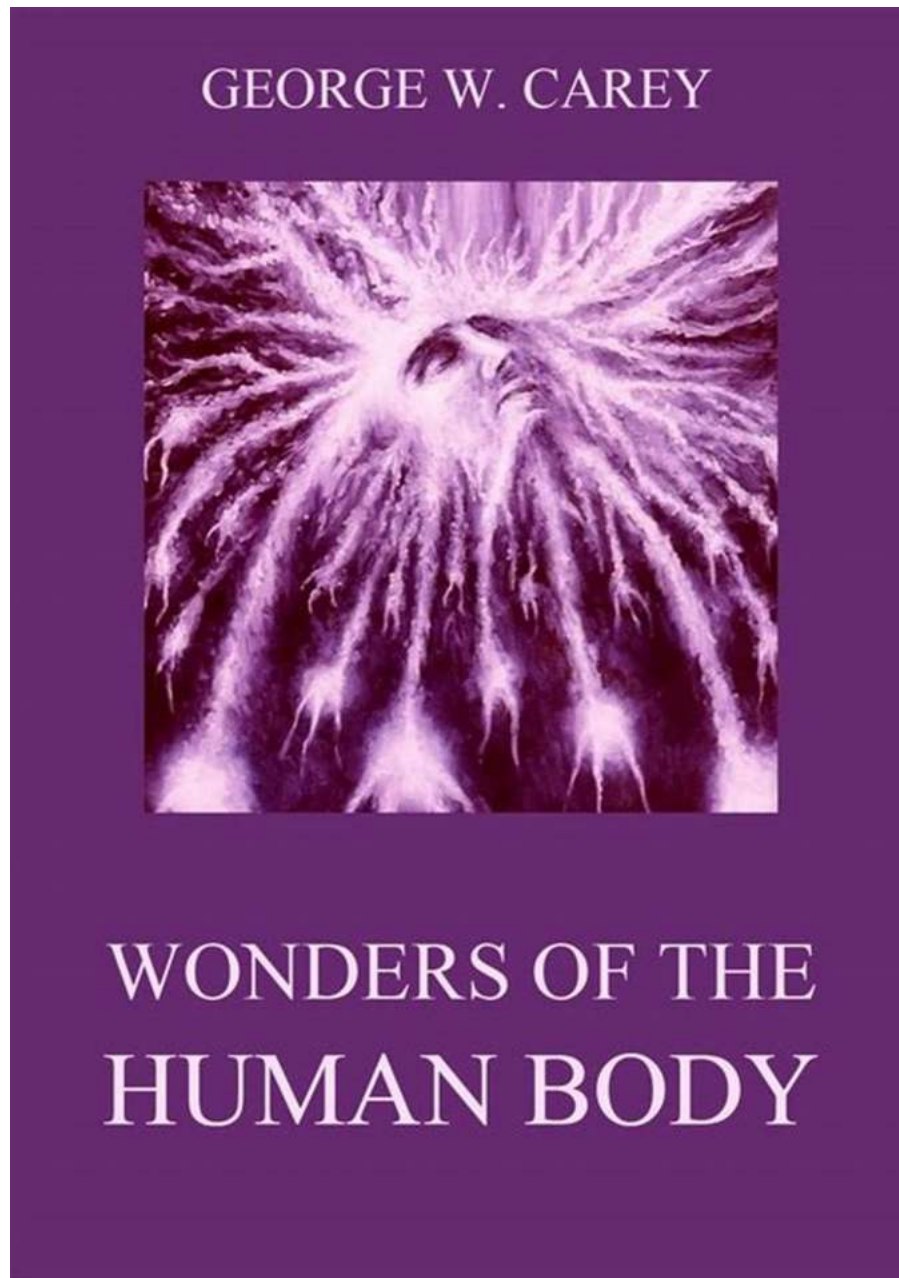


# Body Sense Body Nonsense by Seymour Simon - Unveiling the Secrets of Our Complex Selves

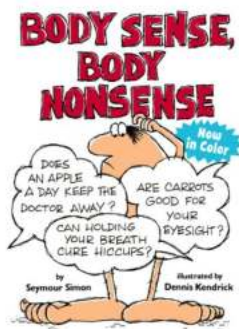


The human body is a remarkable creation, finely tuned and full of mysteries waiting to be unraveled. In his inspiring book "Body Sense Body Nonsense,"

renowned science writer Seymour Simon takes readers on an extraordinary journey, guiding us through the intricacies of our bodily functions and debunking common myths.

## Discovering the Sensational Senses

Our senses are a gateway to the world around us, enabling us to perceive its beauty, savor its flavors, and embrace its melodies. Seymour Simon delves deep into the five senses - vision, hearing, taste, smell, and touch - revealing the wonders of sensory perception and how they interplay to create a cohesive human experience.



### Body Sense Body Nonsense

by Seymour Simon (Kindle Edition)

★★★★☆ 4.3 out of 5

Language : English

File size : 6121 KB

Screen Reader : Supported

Print length : 48 pages

Lending : Enabled



In this captivating exploration, Simon disentangles the complex web of neurons, synapses, and receptors that facilitate our sense of vision. He reveals the true marvel behind our eyes' ability to perceive colors and shapes accurately, and the immense processing power required by our brain to translate electrical signals into visual images.

Simon's engaging narrative then delves into the realm of sound, unraveling the intricate mechanics of our ears and the astonishing precision required for us to

perceive the richness of musical notes or the soothing sound of a loved one's voice. Alongside the physiology, Simon explores the fascinating phenomenon of synesthesia, where some individuals experience multiple senses merging together.

Turning to taste and smell, Simon takes readers on an aromatic adventure through the intricate labyrinth of our nasal passages and taste buds. He unveils the intricate chemistry of the molecules that create the flavors and scents we cherish, while also debunking common misconceptions related to our perception of taste, such as the mythical "tongue map."

Finally, Simon explores the fascinating world of touch, elucidating the intricate network of nerves that allow us to differentiate between textures and temperatures. He emphasizes the importance of our sense of touch for our emotional well-being, illustrating the therapeutic effect of human touch and its essential role in our relationships.

## **Dissecting the Nonsense**

Throughout "Body Sense Body Nonsense," Seymour Simon addresses numerous misconceptions and myths surrounding the human body. With scientific rigor and genuine enthusiasm, he debunks popular notions that have permeated culture for years, leading readers to a greater understanding of the truth behind these fallacies.

Simon unravels the commonly held belief that we only use 10% of our brains, presenting compelling evidence that debunks this myth and highlights the impressive full-body participation required for our intricate activities.

Furthermore, he tackles the notion that hair and nails continue to grow after death. Drawing upon his extensive research and interviews with experts, Simon

lays this misconception to rest, conveying the scientific reasons behind the perception that hair and nails appear to grow even after death.

Delving into the world of sleep, Simon examines the idea that swallowing spiders is a common occurrence during slumber. By providing comprehensive facts and statistical analysis, he unravels the unlikely nature of this urban legend that has haunted individuals for decades.

## **Igniting Curiosity and Learning**

"Body Sense Body Nonsense" serves as an inspiring resource for young and adult readers alike, inviting them to embark on a journey of discovery and learning. Seymour Simon's writing style captivates audiences, instilling a sense of wonder and curiosity about the mechanisms that make us who we are.

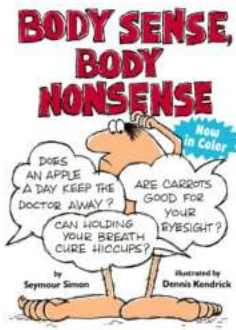
Throughout the book, Simon provides thought-provoking questions and engaging activities that encourage readers to explore and experiment with their senses. From conducting simple taste tests to optical illusions, he invites readers to actively participate in the learning process, fostering a connection between the written word and the captivating mysteries of the human body.

In , "Body Sense Body Nonsense" by Seymour Simon is a captivating masterpiece that invites readers to delve into the depths of their humanity. Through intricate descriptions, captivating storytelling, and a genuine thirst for knowledge, Simon unravels the wonders of our senses while debunking common myths, leaving readers with a newfound appreciation for the intricate complexity of our bodies.

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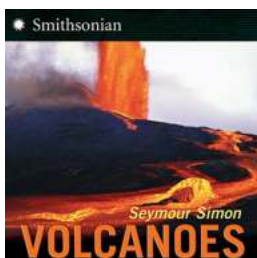


Does an apple a day really keep the doctor away? Can you cure hiccups by holding your breath? Is it true that eating spinach makes you strong? "The dean of science writers" (The New York Times) explores more than 20 familiar sayings, offering fun facts that prove each adage either true or false. Over 40 illustrations.



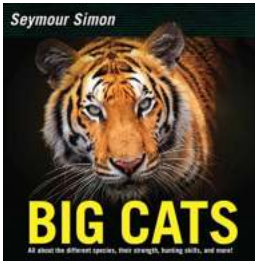
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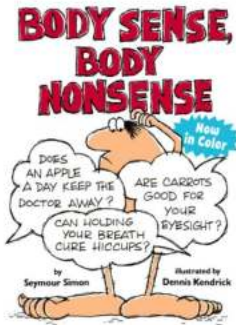
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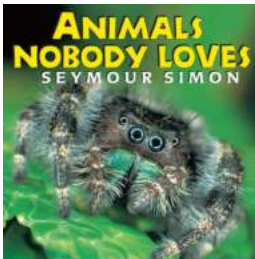
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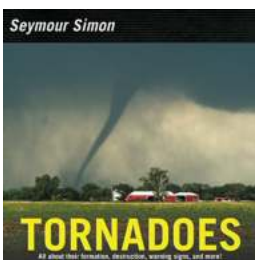
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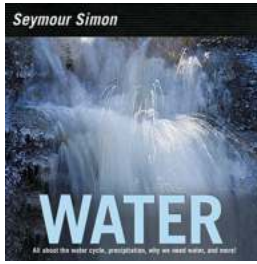
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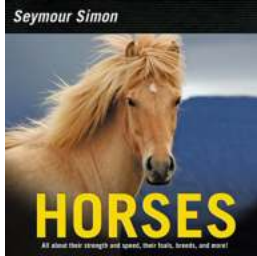
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