

Braided Cord Tough Times In And Out



Life is a journey filled with highs and lows, moments of joy and moments of struggle. It is during those tough times that we often seek solace and comfort in objects that offer us a sense of security. One such object that has been a reliable companion to humanity throughout history is the braided cord.

The Symbolism of Braided Cord

Braided cord holds a special place in many cultures and religions around the world. It symbolizes unity, strength, and resilience. The intertwining strands represent the coming together of different elements to create a stronger whole. It serves as a reminder that we are all connected and capable of overcoming adversity when we stand together.



Braided Cord Tough Times In and Out

by Liz Kulp (Kindle Edition)

★★★★☆ 4.2 out of 5

Language : English

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Enhanced typesetting : Enabled

Word Wise : Enabled

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Lending : Enabled





Inspiration from Braided Cord

When faced with tough times, we can draw inspiration from the braided cord. Its ability to withstand tension and still maintain its integrity is a testament to its durability and reliability. Just like the cord, we too can weather storms and emerge stronger.

Furthermore, the act of braiding itself can be a meditative and therapeutic practice. Weaving together strands, whether it be of fabric or friendship, allows us to focus on the present moment and find solace in the process. It serves as a reminder that even in difficult times, there is beauty to be found and growth to be experienced.

Braided Cord in History

The use of braided cord dates back thousands of years. Ancient civilizations, such as the Egyptians and the Greeks, utilized braided cord in various aspects of their daily lives. From securing structures to creating intricate decorative patterns, the cord played a vital role.



During challenging times, the strength and versatility of the braided cord were particularly evident. It was used to reinforce structures, hold weapons together, and even as a survival tool for making shelters. The ingenuity and resourcefulness of our ancestors in utilizing the cord teach us valuable lessons in resilience and adaptability.

Modern Applications of Braided Cord

In the modern world, the braided cord continues to be of great importance. Its durability and flexibility make it an ideal material for various industries. In construction, it is used for supporting heavy loads and reinforcing structures. In fashion, it adds a touch of elegance and uniqueness to accessories and garments. In outdoor activities, it serves as a lifeline for climbers and a means of securing equipment.



Braided Cord, a Symbol of Human Resilience

Throughout history, humanity has faced numerous challenges, both individually and collectively. From wars to natural disasters, we have experienced our fair share of tough times. The braided cord serves as a reminder of our ability to endure and overcome.

Just as the individual strands of the cord come together to form a stronger entity, we too can find strength in unity and banding together during difficult times. It is during these moments that we realize the power of community and the indomitable spirit of the human race.

In

Life can be tough, but just like the braided cord, we have the capacity to endure and thrive. The symbolism, inspiration, and history associated with the braided cord serve as a gentle reminder of our own resilience and the interconnectedness of humanity.

So, next time you come across a braided cord, take a moment to reflect on its significance. Let it inspire you to face tough times head-on, knowing that you have the strength and support to overcome any obstacle that comes your way.



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Liz Kulp, was diagnosed with fetal alcohol spectrum disorders (FASD) as a young teen. Knowing her challenges and understanding her strengths helped her

graduate from public high school and strive to move on to independent adulthood like her peers. But, she soon learned that life within the context of a family that understood and helped her gain the desire for independence had not prepared her to live in a world filled with predators and abstract thinking. Liz unashamedly lets readers inside the hidden world of adult transition for many of our young people with FASD.

It is a story you will not soon forget.

Short Excerpt from Liz:

I was born an addict and ever since I was tiny I have overdone, overlooked or overwhelmed myself. I was born with fetal alcohol spectrum disorders, otherwise known as FASD. That means my mom drank while I was trying to grow in her stomach and because of her drinking some of my parts got mixed up and didn't grow too well. My differences are hidden and that's a real pain, because it is easy to judge a person by what you see.

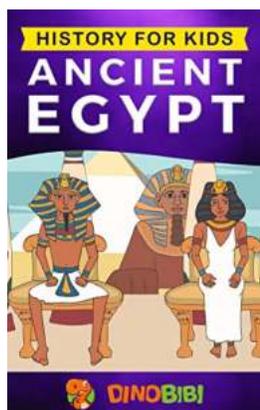
The most difficult parts of my life are caused from my brain, which was probably the most affected. I have trouble learning new things and I live in a world that is louder, softer, harder, scratchier, noisier, shakier, slippery and more chaotic than most of the people reading this. I want you to imagine what it is like to feel the seams of your socks, the label on your clothes, the flicker of fluorescent lights, the mumbblings and rumblings of every noise around you, and then try to learn new things.

Overwhelming.

Yes, that is what it is often for me.

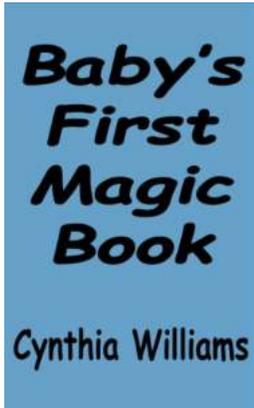
"Liz Kulp, once again opens the closed doors many families face daily loving human beings with complex neurological, emotional, cognitive, and behavioral damage. Beaten. Made fun of and shunned. Kicked and contained, Liz puts a face on fetal alcohol spectrum disorders (FASD) for the tens of thousands of US babies born each year. Liz adds reality to the adult lives of hundreds of thousands of adults who spend their lives in prisons, institutions or life on the street. She exposes what can happen once childhood is over. " – Anna (Liz's heart sister)

"The process of producing Braided Cord, Tough Times In and Out has been a work in progress for Liz for over eight years. Reliving this through her words written in journals, poetry, rhymes and raps in addition to reviewing old medical files and correspondences has been very painful, but birth does not happen without pain. Her journey and the editing of this manuscript has touched me to the depths of my core self and brought me piercing heartache. No mother in the world who loves her child would ever want her or him to walk Liz's journey. And yet Liz's nightmare story is repeated family-to-family quietly hidden behind closed doors. Our family has chosen to reveal this pain to allow for new growth of programming and strategies to enhance the lives of our citizens with FASDs. We hope through our work as a family our actions speak, however messy, louder than our words. Her truth and experiences, whether we agree with how the reality played out, are hers without our filters. " Jodee Kulp



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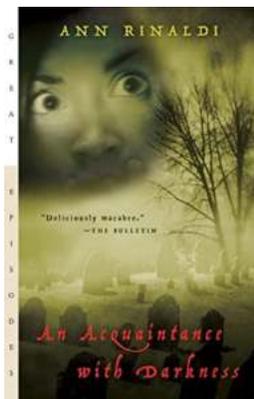
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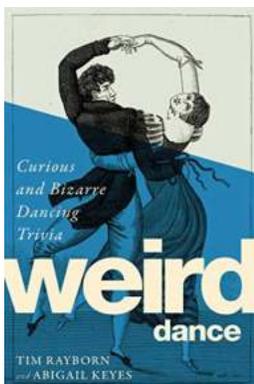
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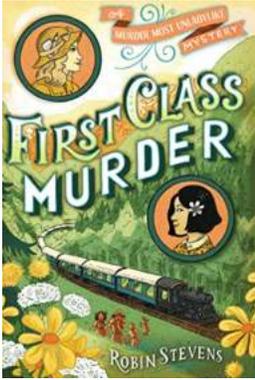
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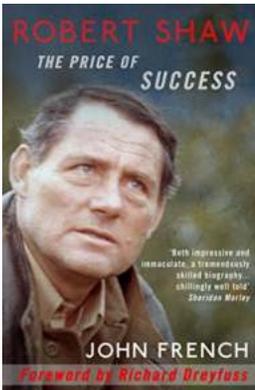
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