

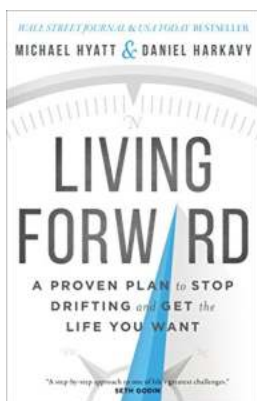
# Discover the Proven Plan to Stop Drifting and Get the Life You Want!

Have you ever had the feeling that life is passing you by? That you're just going through the motions, without any clear direction or purpose? If so, you're not alone. Many people find themselves drifting along, unsure of where they're headed or how to make meaningful changes.

But fear not! There is a proven plan to help you stop drifting and start living the life you truly want. In this article, we'll guide you through a step-by-step process that will empower you to take control of your life, set meaningful goals, and make lasting change. Are you ready? Let's dive in!

## Understanding Drifting: The Silent Killer of Dreams

Drifting is like floating in a boat without any oars. You're at the mercy of external forces, allowing life to dictate your path instead of charting your own course. It's comfortable, convenient, and easy, but it prevents you from reaching your true potential and living a fulfilling life.



## Living Forward: A Proven Plan to Stop Drifting and Get the Life You Want by Michael Hyatt (Kindle Edition)

★★★★☆ 4.6 out of 5

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Drifting happens when you lack a clear sense of purpose and direction. It often occurs as a result of fear, doubt, or simply not knowing what you truly want. It's time to break free from the clutches of drifting and start living life on your terms!

## **Crafting Your North Star: Define Your Vision and Values**

Before you can stop drifting, you need to know where you want to go. Take some time to reflect on your vision for the future. What does your ideal life look like? What are your passions, dreams, and aspirations? Write them down in detail and visualize yourself living that life.

Next, identify your core values. These are the principles that guide your actions and decisions. When your values align with your vision, you'll have a strong foundation to build upon. Keep these values in mind as you move forward in creating your plan.

## **Setting SMART Goals: Make Your Dreams a Reality**

Now that you have a clear vision and defined values, it's time to set SMART goals. SMART stands for Specific, Measurable, Achievable, Relevant, and Time-bound. By following this framework, you'll increase your chances of success and hold yourself accountable along the way.

Break down your vision into smaller, actionable steps. Set specific deadlines for each goal and establish milestones to track your progress. Remember, the key is to be realistic and to focus on what you can control. Celebrate each milestone achieved and adjust your plan as needed.

## **Overcoming Obstacles: Embrace Challenges as Opportunities for Growth**

As you embark on your journey to stop drifting, you'll inevitably face obstacles and setbacks. Don't let these deter you from pursuing your dreams. Instead, see them as opportunities for growth and learning.

Develop a growth mindset, which is the belief that you can improve through effort and perseverance. When faced with challenges, ask yourself, "What can I learn from this? How can I use this experience to become better?" Embrace the process and remember that setbacks are simply stepping stones towards your ultimate success.

## **Creating a Support System: Surround Yourself with Like-Minded Individuals**

It's often said that you become the average of the five people you spend the most time with. To ensure your success, surround yourself with individuals who share your values and aspirations.

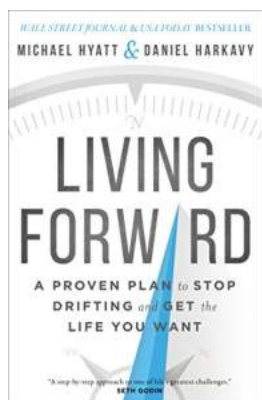
Seek out mentors, coaches, or accountability partners who can provide guidance and support along your journey. Connect with like-minded individuals through networking events or online communities. By surrounding yourself with a positive and motivated support system, you'll be more likely to stay on track and achieve your goals.

## **Taking Action: Implement Your Plan and Make Lasting Change**

The final step in the proven plan to stop drifting is to take action. All the visioning, goal setting, and self-reflection won't make a difference if you don't put your plan into action.

Start by implementing the habits and behaviors that will guide you towards your goals. Be consistent and committed, even when faced with distractions or temptations. Stay focused on your vision and keep pushing forward, no matter how slow or small your progress may seem. Remember, every step forward is a step closer to the life you want.

So, are you ready to stop drifting and start living the life you truly want? The proven plan is right at your fingertips. Define your vision, set SMART goals, embrace challenges, build a support system, and take action. It's time to reclaim your power and create the life of your dreams!



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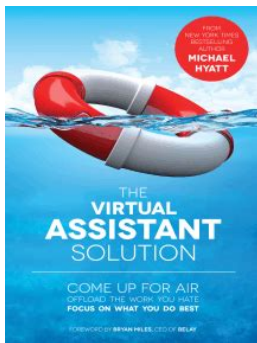
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Each of us has but one life to live on this earth. What we do with it is our choice. Are we drifting through it as spectators, reacting to our circumstances when necessary and wondering just how we got to this point anyway? Or are we

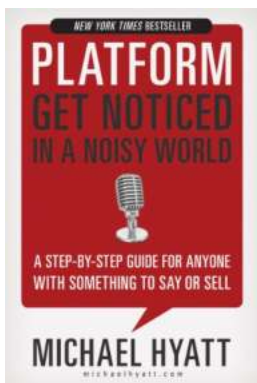
directing it, maximizing the joy and potential of every day, living with a purpose or mission in mind?

Too many of us are doing the former--and our lives are slipping away one day at a time. But what if we treated life like the gift that it is? What if we lived each day as though it were part of a bigger picture, a plan? That's what New York Times bestselling author Michael Hyatt and executive coach Daniel Harkavy show us how to do: to design a life with the end in mind, determining in advance the outcomes we desire and path to get there. In this step-by-step guide, they share proven principles that help readers create a simple but effective life plan so that they can get from where they are now to where they really want to be--in every area of life.



## **Come Up For Air: Offload The Work You Hate And Focus On What You Do Best**

Do you often feel overwhelmed and stressed out by the sheer amount of work on your plate? Are you finding it challenging to focus on what you truly excel at because you're...



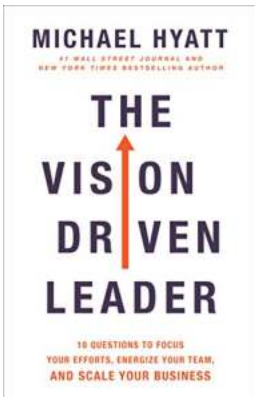
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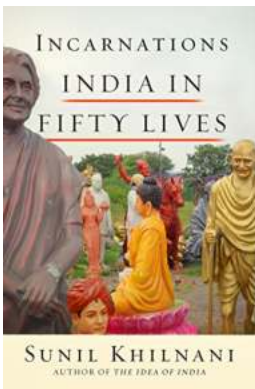
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