

# Discover, Set, Achieve Your Goals To Live The Life You Desire

Are you tired of feeling stuck in a rut, watching your dreams pass you by? Do you find yourself longing for a more fulfilling and purposeful life? It's time to take control of your destiny and start working towards the life you desire. In this article, we will explore the three-step process of discovering, setting, and achieving your goals.

## Discover

The first step in living the life you desire is to discover what it is that truly makes you happy and fulfilled. Take some time to reflect on your passions, interests, and values. What drives you? What brings you joy? Understanding yourself better will help you identify the goals that align with your authentic self. Whether it's starting a new business, traveling the world, or finding a soulmate, knowing what you truly want is crucial to living a purposeful life.

As you embark on this self-discovery journey, remember to keep an open mind. Allow yourself to explore new possibilities and challenge any limiting beliefs that may be holding you back. The key is to be courageous and not let fear dictate your choices. Stay true to yourself and be willing to step out of your comfort zone.

## Goals Master Plan: Discover, Set & Achieve Your Goals to Live the Life You Desire

by Christine Copper (Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English

File size : 188 KB

Text-to-Speech : Enabled

Screen Reader : Supported



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# GOALS MASTER PLAN

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Your Goals  
to Live the Life You Desire

...more than a reading, is an invitation for reflection and self-knowledge." -A. Sood

Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 64 pages  
Lending : Enabled

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## Unleash Your Passion and Master Your Own Harmony

### Goal

This program is designed to lead individual transformative change, through:

1. Discovering values and best self
2. Taking conscious choices
3. Defining clear objectives
4. Put it all in motion and action with your personal coach
5. Embracing sustainable harmony

### Overall Process

Three days of group coaching:

1. Saturday July 30, 2011 **DISCOVERY**
2. Saturday October 22, 2011 **IMPACT**
3. Saturday January 28, 2012 **FULFILLMENT**

### Individual coaching benefits



Your coach is your success partner

### Group coaching benefits



Personalized one to one coaching process, to be carried between the group coaching workshops

We believe that every participant is a unique person, with unique needs and a unique evolving path. Therefore we highly recommend a personal customized coaching process. Every participant will be working with one coach, during the periods following the group workshops, through weekly or monthly coaching sessions, in a dynamic action oriented cooperation.

Set

Once you have a clear understanding of what you want to achieve, it's time to set your goals. Setting goals provides you with a roadmap towards your desired life. Start by breaking down your larger vision into smaller, actionable steps. This will make your goals more manageable and increase your chances of success.

Remember to set SMART goals - Specific, Measurable, Attainable, Relevant, and Time-bound. This framework ensures that your goals are well-defined, trackable, realistic, and aligned with your desired outcome. Write down your goals and make them visible. This will serve as a constant reminder and keep you motivated on your journey.

# MONTHLY GOALS

2 PAGE PDF

MONTHLY goals

FOCUS	MONTH
GOAL	TASK LIST
ACTION STEPS	
GOAL	
ACTION STEPS	NOTES
GOAL	
ACTION STEPS	

LIVABLE PRINTABLES

## Achieve

With your goals set, it's time to take action and work towards achieving them. Commit yourself fully to the process and embrace both the successes and setbacks along the way. Remember that failure is not a permanent state, but an opportunity to learn and grow. Stay resilient and keep moving forward.

One effective way to achieve your goals is to create a support system. Surround yourself with like-minded individuals who will encourage and motivate you. Seek guidance from mentors or join communities where you can share your progress and gain valuable insights. Accountability partners can also be beneficial in keeping you on track and holding you accountable for your actions.



Discovering, setting, and achieving your goals is a transformative journey that will lead you to the life you desire. It starts with understanding yourself and what truly brings you joy. Then, it involves setting SMART goals that align with your vision and breaking them down into actionable steps. Lastly, it requires perseverance and a support system to keep you motivated and accountable.

So, what are you waiting for? Start visualizing the life you desire, set your goals, and take the necessary steps to make it a reality. Your journey towards a more fulfilling life begins now!



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- Do you often think you should be further along in life by now?
- Are you tired and frustrated with your life and ready to make a change?
- Do you ever get jealous of those life hacker women who know exactly what they want and go after it with confidence?

If you answered yes to any of these questions—or all of them—you need this short reads book!

This is not your typical book about goals. This book will teach you how to discover, set, and achieve your goals, as well as:

- Discover the cravings and desires of your heart and soul;
- Uncover why you've failed in the past;
- Explore viable actions and solutions; and
- Reveal how to achieve success and transform your life for good.

So if you're tired of merely surviving life and are ready for a complete life transformation, just follow the actions outlined in Goals Master Plan and you'll be well on your way to success and finally living the life you desire.

Crafting a detailed master plan for your goals will help give you clarity. Executing that plan will bring you confidence and momentum. That plan will also help you maximize your focus on the actions necessary for real life transformation and help eliminate stress, frustration, and even depression.

Get ready for a life edited to fit your definition of happiness and success!

- Chapter one teaches you the secret of how to discover your true life goals, how to prioritize them, and how to make the goal setting process as easy and specific as possible.
- Chapter two will take you deep inside your soul to figure out exactly what you want your future to look like.
- Chapter three is all about your WHY...how to find it, how to use it, and how to optimize it.
- Chapter four takes you through various exercises to help craft a detailed plan specific to you and your needs, as well as how to determine your goals' critical paths.
- Chapter five covers alternatives and how to deal with the WHOs and the WHATs. Yes, you'll learn how to identify these WHOs and WHATs, too.
- Chapter six is full of implementation strategies to help you take immediate and consistent action. You'll also learn what an Action Ally is and why you need one.

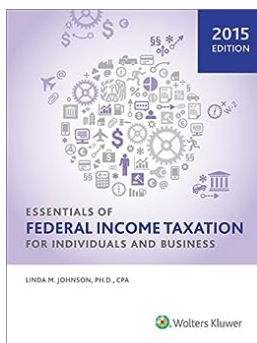
Woman empowerment is taking the world by storm. Don't get left behind. Take advantage of this life-changing, short reads self-help strategy and use it to step into your own power.

Find your voice, your independence, and your personal freedom.

The only person standing in your way right now is you. Give yourself permission to read this book and create your own Goals Master Plan. You're worthy of living the life you desire, and don't ever let anyone tell you any different. You are enough and you are worthy.

“The moment you commit to taking action is the moment you commit to truly live before you die.” – Christine Copper

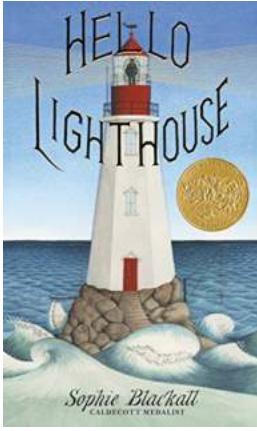
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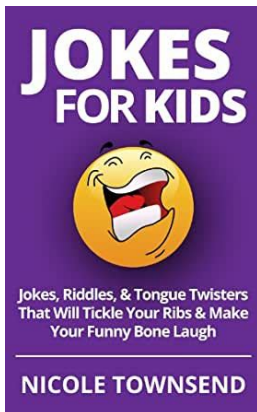
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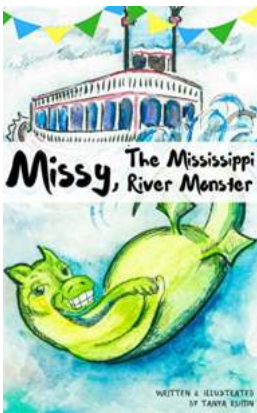
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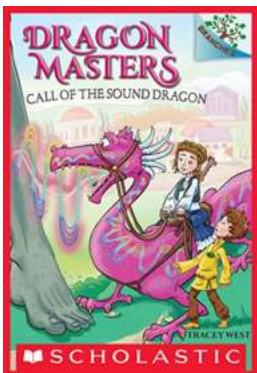
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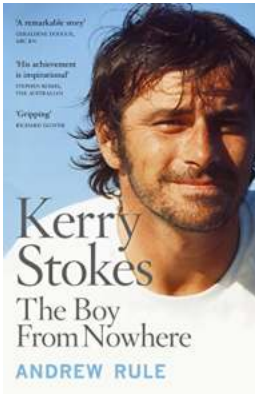
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