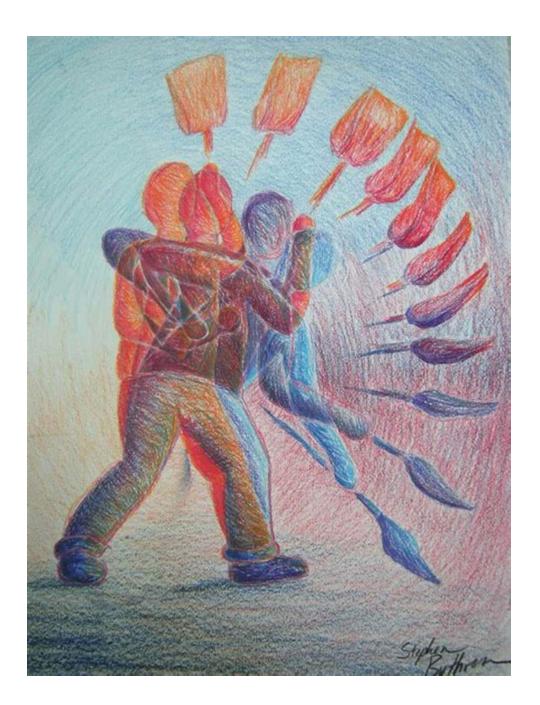
Discovering Dance by Gayle Kassing: Unveiling the Wonders of Movement



The Magic of Dance

Dance is an art form that has captivated audiences for centuries. Its power lies in its ability to express emotions, stories, and ideas through the language of

movement. From classical ballet to contemporary hip-hop, dance offers a vast array of styles that can enchant and inspire people of all ages.

Introducing Gayle Kassing

One of the leading figures in the world of dance education is Gayle Kassing. A renowned author, educator, and dancer, Kassing has dedicated her life to exploring the wonders of dance and sharing her knowledge with others. In her groundbreaking book, "Discovering Dance," she takes readers on a journey of discovery, encouraging them to explore and embrace the magic of movement.



Discovering Dance

by Gayle Kassing (1st Edition, Kindle Edition)

★ ★ ★ ★ 5 out of 5

Language : English File size : 7081 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Lending : Enabled Print length : 304 pages



A Comprehensive Guide to Dance

"Discovering Dance" serves as a comprehensive guide for both beginners and experienced dancers alike. Whether you are a dance student, educator, or simply someone who appreciates the beauty of dance, this book offers invaluable insights into the art form.

Kassing delves into various dance styles, including ballet, modern, jazz, tap, and cultural/folk dances, providing readers with a well-rounded understanding of the diverse world of dance. Each chapter is structured in a user-friendly manner, offering historical context, step-by-step instructions, and practical tips to enhance your dance experience.

Unlocking Creativity and Expressiveness

Beyond the technical aspect, "Discovering Dance" also focuses on unlocking creativity and expressiveness in dancers. Kassing emphasizes the importance of self-expression and finding your unique artistic voice. Through exercises and prompts, she encourages readers to explore their own movement vocabulary, fostering a deeper sense of personal connection to dance.

Additionally, the book highlights the benefits of dance beyond the physical aspect. From boosting self-confidence and improving mental well-being to promoting cultural understanding and societal integration, dance has the power to positively impact various aspects of our lives.

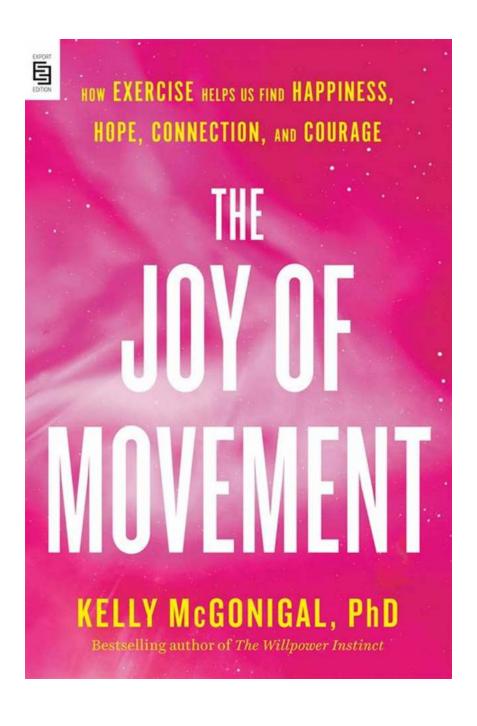
Embracing the Dance Community

One of the most inspiring aspects of "Discovering Dance" is the emphasis on fostering a sense of community within the dance world. Kassing shares personal stories, interviews with renowned dancers, and highlights dance companies that have made a difference in the dance community.

The book also provides valuable resources for dancers, including information on scholarships, auditions, and further education pathways. Whether you aspire to join a professional company or simply want to stay connected with other dance enthusiasts, Kassing's book acts as the ultimate companion guide.

Gayle Kassing's "Discovering Dance" is a must-read for anyone passionate about dance. The book offers a rich exploration of the art form, guiding readers through its history, techniques, and the profound impact it can have on individuals and communities.

So grab a copy of "Discovering Dance" and prepare to embark on a journey that will illuminate the wonders of movement, unleash your creativity, and connect you to a vibrant global community of dancers. Unveil the magic of dance today!





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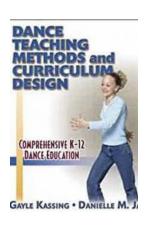


Discovering Dance opens up a world of opportunities for high school students who have little or no dance experience. The text, available in print and electronic forms, helps students understand the fundamentals of creating, performing, analyzing, understanding, responding to, connecting with, and evaluating dance in its various genres. It meets national and state dance education standards and addresses 21st-century learning goals. As such, it offers a complete introductory dance curriculum with the flexibility of being used for one or more years of instruction.

Discovering Dance is the ideal text to use in introducing the fundamentals of dance to students with little or no dance experience. Through this text, students can do the following:

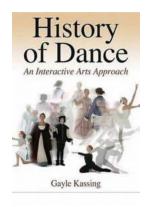
Meet national and state standards in dance education and learn from a pedagogically sound scope and sequence that allow them to address 21stcentury learning goals.

- Discover dance through creating, performing, analyzing, understanding,
 responding to, connecting with, and evaluating dance and dance genres.
- Experience dance as performers, choreographers, and audience members as they learn about dance through societal, cultural, historical, art, and entertainment contexts.
- Step into a flexible dance curriculum that is appropriate for one or more years of instruction.
- Build on their dance experience, whether they want to further explore dance or choreography or otherwise factor dance into college or career goals
- Use student web resources to enhance their learning.
- Discover that dance provides fun ways of staying fit and being socially active.
- Acquire knowledge through the technology-infused student learning activities in the chapters.
- Enhance learning by completing chapter portfolio assignments over the term.



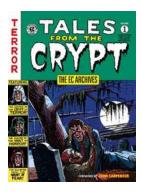
The Ultimate Guide to Dance Teaching Methods And Curriculum Design: Unleash Your Inner Choreographer

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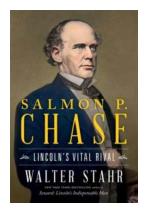
The Captivating History of Dance: Unveiling the Artistic Journey through Centuries

Throughout history, dance has been an integral part of human expression, communication, and celebration. From ancient civilizations to modern times, it has...



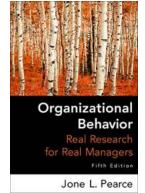
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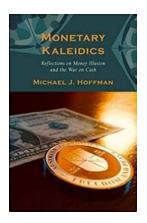
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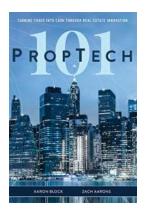
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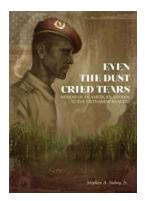
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