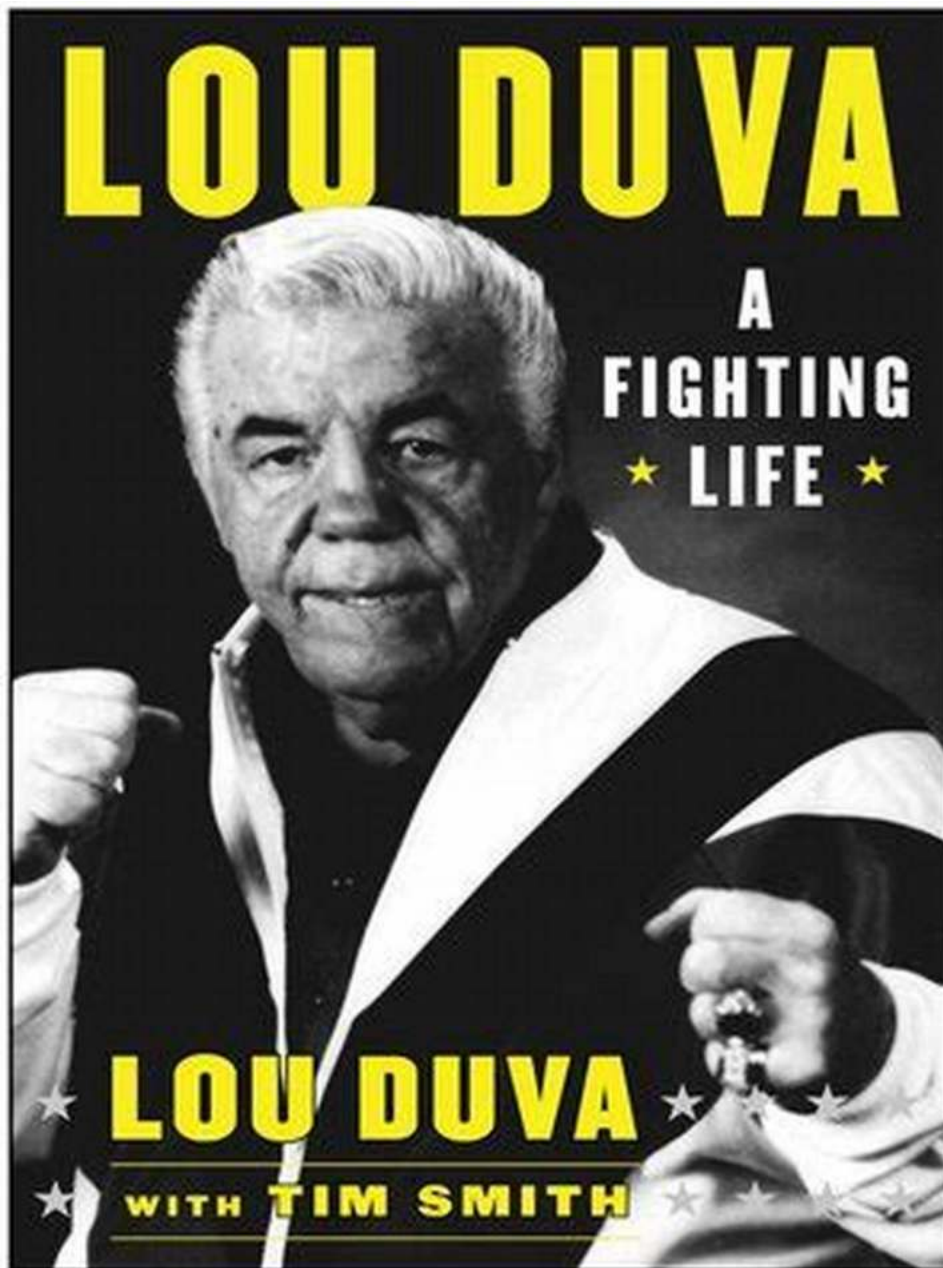


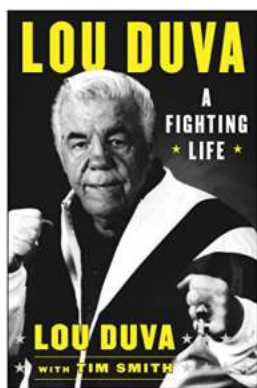
Fighting Life: My Seven Decades In Boxing



The Thrilling Journey of a Boxing Legend

Boxing is a sport that has captivated audiences for centuries. The adrenaline rush, the intense training, and the art of outmaneuvering your opponent make it a spectacle like no other. For me, it has been a way of life for the past seven decades.

From humble beginnings to becoming a legend in the ring, my journey has been filled with ups and downs, triumphs and defeats. This article will take you through my extraordinary life, highlighting the pivotal moments and sharing the invaluable lessons I've learned along the way.



A Fighting Life: My Seven Decades in Boxing

by Mary Turner Thomson (Kindle Edition)

★★★★☆ 4 out of 5

Language : English
File size : 8268 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 244 pages
Lending : Enabled



Early Beginnings and the Love for Boxing

Growing up in a working-class neighborhood, my fascination with boxing began as a child. I vividly remember watching grainy black-and-white videos of boxing matches, mesmerized by the speed and skill displayed by the fighters. It was then that I made a promise to myself – one day, I would step into the ring.

After years of tirelessly training and honing my skills, I got my first opportunity to compete professionally. The nerves and excitement were overwhelming, but it was a stepping stone towards achieving my dreams. The world of boxing became my playground, and I dedicated my entire being to mastering the art.

The Road to Becoming a Champion

Like any other sport, boxing has its fair share of challenges. Over the course of my career, I faced numerous setbacks, injuries, and defeats. But what sets apart a true fighter is the ability to rise above adversity and keep going.

I encountered opponents who seemed invincible, fought in legendary arenas packed with roaring crowds, and tasted both the thrill of victory and the bitterness of defeat. Each fight taught me valuable lessons about perseverance, discipline, and the power of the human spirit.

The Legacy I Leave Behind

Now, as I reflect upon my seven decades in boxing, I can't help but feel a sense of pride and accomplishment. I have had the privilege of sharing the ring with some of the greatest fighters of all time, leaving a lasting impact on the sport.

But even more than the titles and accolades, it is the impact I have made on others' lives that truly matters. Boxing has the power to inspire, to bring people together, and to instill valuable life lessons. Through my journey, I hope to have motivated countless individuals to pursue their dreams relentlessly, just as I did.

Lessons Learned Inside and Outside the Ring

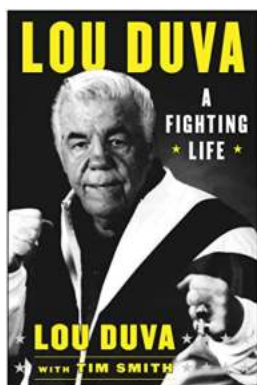
Boxing is not just about physical strength; it is a sport that demands mental resilience and emotional fortitude. The discipline and determination required to succeed in boxing have shaped me into the person I am today.

Through the highs and lows of my career, I have learned that failure is not the end but an opportunity for growth. I have learned the importance of discipline, staying focused amidst distractions, and the power of self-belief. These invaluable lessons extend far beyond the ring and can be applied to all aspects of life.

The world of boxing has given me more than just a career. It has been a lifelong passion that has defined me and shaped me into the person I am today.

Throughout my seven decades in the ring, I have experienced triumphs and defeats, challenges and victories.

But the true essence of boxing lies not in the physical battles fought but in the lessons learned along the way. It is about resilience, perseverance, and the unbreakable spirit that drives us to overcome any obstacle that stands in our way. My journey in boxing has been an extraordinary one, and I am immensely grateful for every moment.



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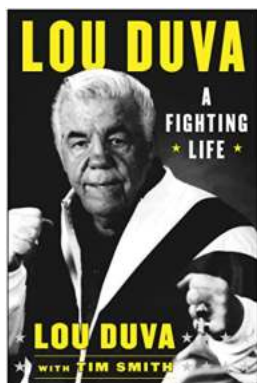
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For more than seven decades, Lou Duva has been a mainstay in the boxing world. With his craggy face and the bulbous nose of a boxer with questionable defensive skills, Duva is one of the most enduring images of boxing, having climbed in and out of rings for championship fights on six different continents. In Lou Duva: A Fighting Life, you'll hear firsthand the exhilarating story of how Duva balanced family life and his work with nineteen different world champions. The son

of Italian immigrants who landed at Ellis Island and lived in Manhattan before moving the family to Paterson, New Jersey, Duva had the odds stacked against him. Rather than settling, Duva was able to claw his way out of poverty to reach the pinnacle of the boxing business, where he laid the foundation of Main Events Promotions—one of the most powerful boxing promotions companies in the sport. Lou Duva: A Fighting Life chronicles an amazing boxing career filled with ups and downs. From his training of champions including Evander Holyfield and Lennox Lewis to staging some of the biggest bouts in the history of boxing, including the classic match between Sugar Ray Leonard and Thomas Hearns, to the notorious “Riot at the Garden,” Duva pulls no punches as he shares his Hall of Fame life for the first time. Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.



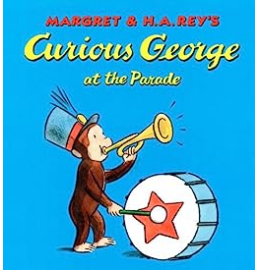
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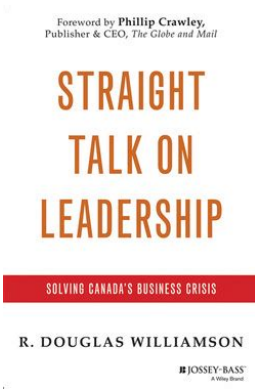
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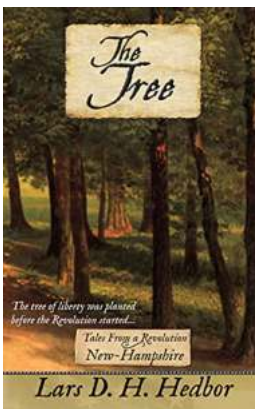
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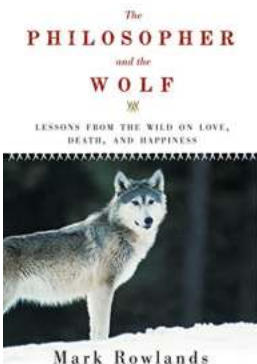
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