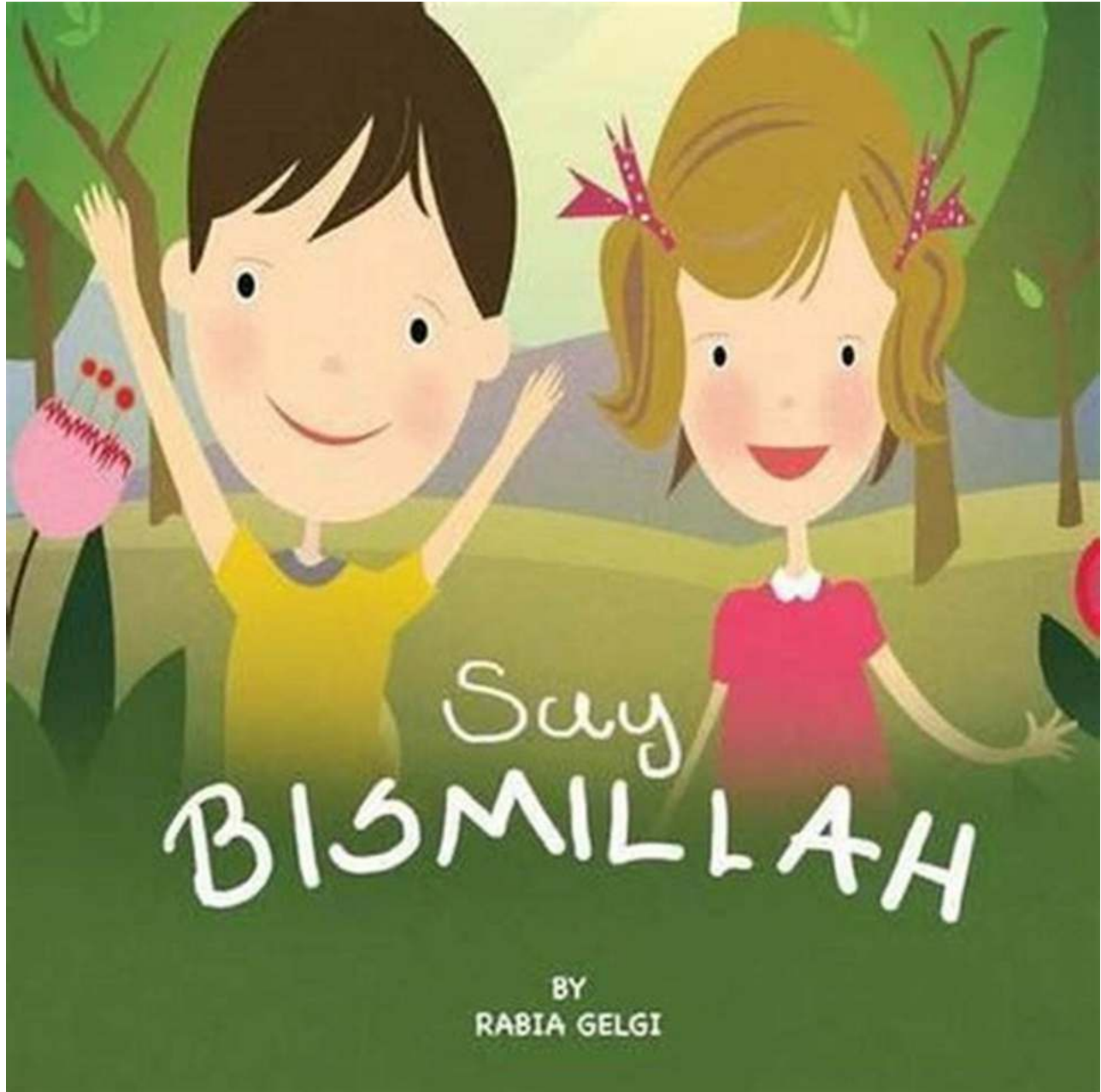


Say Bismillah Rabia Gelgi - The Secret to a Blessed Life



Have you ever heard of the popular Islamic phrase "Bismillah" (In the name of Allah)? If not, it's time you learn about Rabia Gelgi, a young Turkish woman who found solace in saying "Bismillah" in every aspect of her life. This simple practice has transformed her life and has the potential to transform yours too.

Who is Rabia Gelgi?

Rabia Gelgi is a motivational speaker, influencer, and author from Istanbul, Turkey. Her message revolves around the power of mindfulness, gratitude, and positivity in one's life. Rabia adopted the habit of saying "Bismillah" before any action she took, be it big or small.



say **BISMILLAH** by Rabia Gelgi (Kindle Edition)

★★★★☆ 4.3 out of 5

Language : English

File size : 27067 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 26 pages

Lending : Enabled





Rabia's journey started when she was going through a difficult phase in her life. She felt lost, disconnected, and lacked purpose. Searching for answers, she stumbled upon a simple yet impactful idea – beginning every action with the remembrance of Allah.

With skepticism, Rabia started uttering "Bismillah" before she started her daily activities. Gradually, she observed a significant shift in her mindset, behavior, and

overall well-being.

The Power of Saying "Bismillah"

Saying "Bismillah" is a powerful practice with profound benefits. It serves as a reminder that everything we do should be for the sake of Allah and seeks His blessings and guidance.

When Rabia adopted this practice, she noticed that she became more present in the moment, appreciated the little blessings in life, and developed a deeper connection with her faith.

The act of saying "Bismillah" also helps in reducing anxiety and stress. It reminds us that we are not in control of the outcomes, but rather, it is in the hands of a higher power. This realization brings immense peace and tranquility.

Applying Bismillah in Daily Life

Rabia Gelgi emphasizes that saying "Bismillah" is not limited to specific actions or situations. It can be applied to every aspect of our lives, be it studying, working, cooking, driving, or simply engaging in a conversation.

When we say "Bismillah," we are acknowledging the importance of seeking Allah's guidance and help in every moment. It grounds us and brings a sense of clarity and purpose to our actions.

Furthermore, this practice enables us to be more mindful of our intentions and align them with Allah's commands. It helps us refrain from engaging in harmful or sinful activities and encourages us to make choices that are beneficial for ourselves and others.

The Ripple Effect of Bismillah

Saying "Bismillah" not only impacts an individual's life but also has a ripple effect on the people around them. When we approach our interactions with the remembrance of Allah, it affects our behavior and the energy we bring to the table.

People who regularly say "Bismillah" are more likely to display kindness, compassion, and empathy in their dealings with others. They strive to be more ethical, honest, and considerate, creating a positive and uplifting environment.

Rabia Gelgi's Message

Rabia Gelgi's journey and the impact of saying "Bismillah" have resonated with millions worldwide. She actively shares her experiences, insights, and practical applications of this practice through her speeches, online platforms, and workshops.

Her message is simple yet profound – by incorporating "Bismillah" into our daily lives, we can experience a deeper connection with Allah, find contentment, and lead a more purposeful and blessed life.

So, why not follow in the footsteps of Rabia Gelgi and start uttering "Bismillah" in every action you take? Embrace the power of this practice and unlock the potential for a life filled with gratitude, mindfulness, and divine blessings!

The Time is Now

Don't wait any longer, try saying "Bismillah" and see the wonders it brings into your life. Begin your journey towards a blessed life today!

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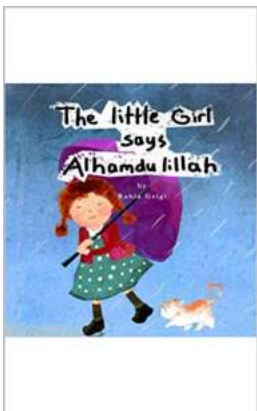
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say Bismillah is a book about two siblings. Their names are Ahmad and Aisha. They are muslim kids. They love to say Bismillah before eating, playing, drawing, etc.



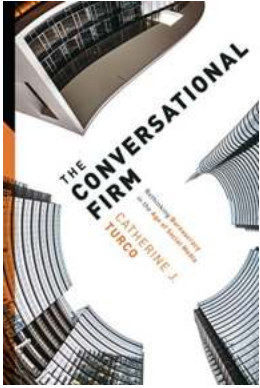
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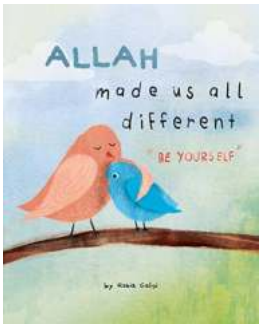
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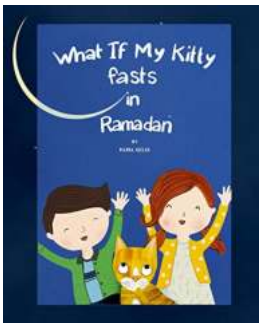
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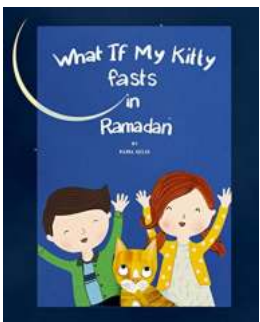
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