

# Something About Ramadan You Should Know Holiday For Kids

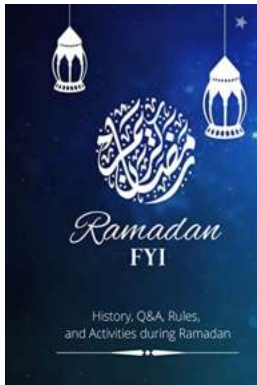


Welcome to a vibrant and captivating exploration of one of the most beautiful and significant holidays in the Muslim calendar - Ramadan! This article is specifically crafted to enlighten kids about the essence and importance of Ramadan, fostering a deeper understanding and respect for their fellow Muslim friends.

## What is Ramadan?

Ramadan is a special Islamic month recognized worldwide as a time of fasting, reflection, prayer, and community sharing. It holds immense spiritual significance

as it commemorates the time when the first verses of the Quran, the central religious text of Islam, were revealed to Prophet Muhammad.



## FYI Ramadan: History, Q&A, Rules, and Activities during Ramadan: Something about Ramadan You Should Know, Holiday Book for Kids

by Margaret Peterson Haddix (Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English  
File size : 27872 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Print length : 52 pages  
Lending : Enabled  
Screen Reader : Supported



### When does Ramadan occur?

Ramadan is based on the lunar calendar, meaning its timing changes each year. It starts with the sighting of the crescent moon and generally lasts for 29 or 30 days. This year, Ramadan is expected to begin on April 12th and end on May 12th.

### Why do Muslims fast during Ramadan?

During Ramadan, Muslims observe fasting from dawn until sunset. This means refraining from eating, drinking, and certain other activities such as smoking. Fasting serves multiple purposes, including:

- **Spiritual Reflection:** Fasting allows Muslims to focus on self-discipline, self-control, and spiritual growth, deepening their connection with Allah.

- **Empathy:** By fasting, Muslims experience hunger and thirst, gaining empathy for those less fortunate who struggle to have their basic needs met.
- **Thankfulness:** It reminds Muslims to be grateful for the blessings they have in life, such as food, water, and shelter.
- **Purification:** Fasting encourages the purification of both the body and mind, as Muslims strive to avoid negative thoughts and actions during this holy month.

## How do Muslims celebrate Ramadan?

Ramadan is a time of unity, compassion, and joyous celebration for Muslims. Besides fasting, there are several practices and traditions associated with this holy month:

- **Suhoor and Iftar:** Muslims wake up early before dawn to eat a pre-fast meal known as Suhoor. After sunset, they break their fast with a meal called Iftar, often shared with family and friends.
- **Taraweeh Prayers:** Muslims attend additional evening prayers, known as Taraweeh, held in mosques during Ramadan.
- **Charitable Acts:** Ramadan emphasizes charity and sharing. Muslims give to those in need through acts of kindness, food donations, or financial assistance.
- **Night of Power:** Muslims believe that on one specific night during Ramadan, called Laylat al-Qadr, the first verses of the Quran were revealed. Many engage in extra prayers and seek blessings on this special night.

## What can kids learn from Ramadan?

Ramadan is an incredible opportunity for kids to acquire knowledge about different cultures, build tolerance and empathy, and appreciate the diversity that enriches our world. Here are some valuable lessons:

- **Tolerance and Respect:** Learning about Ramadan teaches kids to respect and be tolerant of various religious beliefs and practices.
- **Empathy:** Understanding the purpose of fasting and the importance of helping others encourages kids to develop empathy towards those less fortunate.
- **Gratitude:** Learning about Ramadan helps children appreciate the blessings they have and express gratitude for them.
- **Self-Discipline:** Children can learn the significance of self-control and discipline by observing how Muslims fast during Ramadan.
- **Diversity:** Exposing kids to different cultures broadens their understanding of the world, promotes inclusivity, and encourages embracing diversity.

Ramadan is a time of immense spiritual significance for Muslims worldwide. It provides an opportunity for believers to deepen their faith, practice self-discipline, and engage in acts of kindness and compassion. By learning about Ramadan, children can develop a greater understanding and appreciation for the multicultural world we live in, fostering tolerance and empathy for their fellow Muslim friends.

So, let's embrace the spirit of Ramadan, celebrate the joys it brings, and continue to promote harmony and unity among all communities!

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If you are a Muslim, Ramadan is so familiar

If Not, Knowing what happens during Ramadan helps you understand more with your Muslim Friend.

This book: "FYI Ramadan: History, Q&A, Rules, and Activities during Ramadan" will help all you

Let it tell your Muslim Kids what is Ramadan?

Let it tell you what can you do during Ramadan?

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