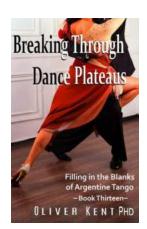
The Secrets to Perfecting Your Argentine Tango Technique

Have you ever watched an Argentine tango performance and been captivated by the intense connection between the dancers? The elegance, precision, and passion involved in this dance form is truly mesmerizing. However, mastering the intricate steps and movements of Argentine tango is no easy feat. It requires practice, dedication, and a deep understanding of the dance's foundations.

Argentine tango is known for its improvisational style and unique embrace between the dancers. It originated in the late 19th century in the outskirts of Buenos Aires and Montevideo, and quickly became popular among the working class. Today, it is enjoyed by dancers of all backgrounds and levels of expertise around the world.

So, how can you fill in the blanks and perfect your Argentine tango technique? Let's dive into the key components that will help you become a skilled tango dancer:



Breaking Through Dance Plateaus: Filling in the Blanks of Argentine Tango by Oliver Kent (Kindle Edition)

★ ★ ★ ★ ★ 5 out of 5 Language : English : 9061 KB File size Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 138 pages Lending : Enabled



1. Master the Basic Tango Steps

Before delving into the more complex moves, it's essential to have a solid understanding of the basic tango steps. These include the eight-count basic, ochos, and the classic tango walk. Practice these steps individually and then combine them to create fluid transitions in your dance.



2. Develop a Connection with Your Partner

Argentine tango is all about the connection between the dancers. Establishing a strong connection with your partner will make your dance look more seamless and polished. Focus on maintaining a firm embrace and developing a clear communication through subtle cues, body language, and eye contact.

3. Embody the Essence of Tango

Argentine tango is not just about executing the steps; it's about embodying the essence of the dance. To truly excel in tango, you must understand its history, emotions, and cultural significance. Listen to tango music, attend milongas (tango social gatherings), and immerse yourself in the world of tango to enhance your understanding and interpretation of the dance.

4. Refine Your Technique

To become a proficient tango dancer, it's crucial to continuously refine your technique. Pay attention to your posture, balance, and footwork. Work on maintaining a smooth and elegant upper body while executing intricate footwork and leg movements. Take classes from experienced tango instructors and seek feedback to improve your technique further.

5. Explore Tango Styles

Argentine tango offers a myriad of styles and variations. Explore different styles, such as tango nuevo, traditional tango, milonguero style, and salon style, to broaden your horizons and enrich your dance repertoire. Learning different styles will not only enhance your creativity but also provide opportunities for dynamic and diverse tango experiences.

6. Practice, Practice, Practice

As with any dance form, practice is key to mastering Argentine tango. Set aside regular practice sessions to refine your skills and improve your muscle memory. Practice solo drills, partner exercises, and attend group classes or milongas to gain more experience on the dance floor.

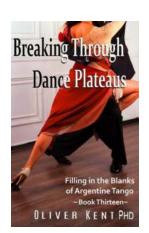
7. Find Inspiration and Guidance

Inspiration can come from various sources. Watch performances by renowned tango dancers, study instructional videos, and engage with the tango community.

Surround yourself with fellow tango enthusiasts who share your passion and can provide guidance and support throughout your tango journey.

: Unleash Your Tango Potential

Without a doubt, filling in the blanks of Argentine tango requires time, effort, and dedication. However, the rewards are truly enchanting. Embrace the elegance, passion, and intensity of this dance form by mastering the basic steps, establishing a strong connection with your partner, and refining your technique. Immerse yourself in tango's rich history and explore its various styles to develop your unique tango expression. With practice, perseverance, and guidance, you will unlock your full tango potential and experience the magic of Argentine tango.



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Are You Stuck on a Plateau Going Nowhere Fast?

Struggling to take your Argentine Tango to the next level? Worried you'll never break through? Dr. Oliver Kent takes the guesswork out of Argentine Tango to accelerate your learning and get you moving again.

Filled with hard-won wisdom:

- Why the dance plateaus happen and how to get past them.
- What "move like a Princess" really means and why it matters.
- Clear advice on everything from basic steps to advanced figures.
- Why and how social dancers need to approach dancing differently from professionals.
- The Dreaded "Chunky Salsa" Effect.

And more!

"Breaking Through Dance Plateaus," the thirteenth book of the series, is filled with easy-to-follow illustrations to help unlock your potential. Oliver's hard-won wisdom gives you a wealth of information. Packed with examples and expert advice, he warmly brings you a fresh perspective.

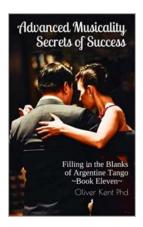
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Buy Breaking Through Dance Plateaus today to get back to enjoying your dancing.



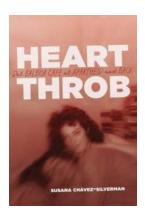
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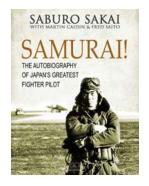
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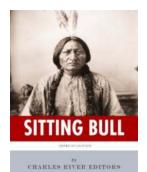
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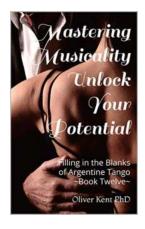
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