## Where Does Valentine's Day Come From? Children, Holidays, Celebrations

Valentine's Day is a beloved holiday celebrated by children and adults alike. It's a time when we show affection to our loved ones through heartfelt gestures, romantic gifts, and thoughtful words. But have you ever wondered where this delightful tradition comes from? Let's dive into the fascinating history of Valentine's Day and explore its origins.

#### The Origin of Valentine's Day

The history of Valentine's Day dates back to ancient Rome. The holiday is believed to have its origins in a Roman festival called Lupercalia, which was celebrated in mid-February. During this festival, young men would draw names of young women, and they would then be paired for the duration of the event, often leading to marriages.

Another theory suggests that Valentine's Day is named after St. Valentine, a Roman priest who secretly performed marriages against Emperor Claudius II's orders. The emperor had banned marriages because he believed single men made better soldiers. St. Valentine's actions to unite couples in matrimony ultimately led to his execution.



### Where Does Valentine's Day Come From? I Children's Holidays & Celebrations Books

by Baby Professor (Paperback – February 15, 2017)

★ ★ ★ ★4.8 out of 5Language: EnglishFile size: 1017 KBText-to-Speech: EnabledScreen Reader: Supported

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Word Wise : Enabled
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#### The Evolution of Valentine's Day

Valentine's Day took on a more romantic tone during the Middle Ages. It became associated with courtly love, where knights would express their admiration and devotion to noble ladies. Love poems, songs, and handmade gifts started to become popular ways of expressing affection.

In the 18th century, the tradition of giving handmade cards, known as valentines, became widespread. These cards were often adorned with lace, ribbons, and romantic symbols. By the 19th century, mass-produced valentines started to replace the handmade ones, making the holiday more accessible to people of all social classes.

#### Valentine's Day for Children

Valentine's Day is not just for couples. It has become a holiday that children eagerly anticipate, as they exchange cards and gifts with their classmates, teachers, and family members. This tradition aligns with the spirit of love and kindness that Valentine's Day represents.

Children often prepare for Valentine's Day by creating handmade cards with their favorite characters, decorating them with glitter, and adding heartfelt messages.

Some schools even organize Valentine's Day parties, complete with sweets, treats, and fun activities.

Valentine's Day has also become an opportunity for parents to teach their children about compassion, friendship, and love. It's an ideal time to show children the importance of expressing gratitude and appreciation towards others.

#### **Celebrating Valentine's Day Today**

Modern-day Valentine's Day celebrations have expanded beyond romantic love and children's exchanges. People all over the world commemorate this holiday by expressing their love and appreciation to friends, family members, and even pets!

Valentine's Day has also become a popular occasion for marriage proposals, candlelit dinners, and romantic getaways. Couples take this opportunity to reaffirm their love for each other and create special memories.

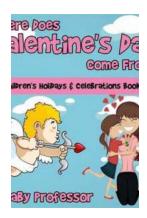
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Valentine's Day has a rich history that encompasses ancient Roman festivals, romantic traditions of courtly love, and an evolution into a beloved holiday for children and adults. It is a time to express and celebrate love, affection, and gratitude towards our loved ones.

So, whether you are exchanging valentines with your classmates, surprising a loved one with a heartfelt gift, or simply enjoying a day dedicated to love and kindness, remember the long-standing traditions and origins that have shaped Valentine's Day into the vibrant celebration it is today.

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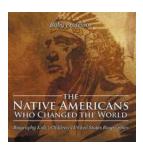
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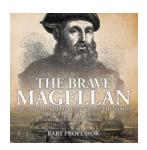
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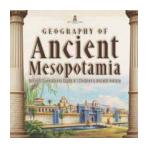
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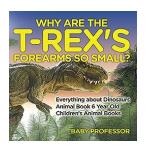
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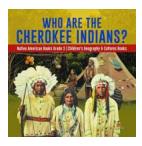
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